

## Got 40 Minutes?

Update your WHMIS  
certification at the Action  
Centre.

No appointment necessary  
and it's FREE!

Monday-Friday  
8:30 AM-4:30 PM

## Power Engineering Information Session

On October 21st over 50 people attended the Power Engineering inquiry session. The session was co-hosted by the Adult Literacy Association, Confederation College and the Action Centre. Participants filled out surveys that will determine the nature of the course to be offered. Interest was expressed in both the 3rd and 4th Class programs. Bob Hancherow of Confederation College was very impressed with the turnout and level of commitment of participants. Special thanks to Deb Brazeau of the Adult Learning Centre for bringing everyone together. Stay tuned to further developments as they become available.

# Terrace Bay-Schreiber Action Centre

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## Grand Opening

On Thursday, October 8th 2009, the Terrace Bay-Schreiber Action Centre held our Grand Opening ceremonies. Barb Spadoni, Chair of the Labour Adjustment Committee acted as Master of Ceremonies, welcoming a very LARGE crowd that included representatives speaking on behalf of Minister of Northern Development, Mines and Forestry Michael Gravelle, MP Bruce Hyer. Suzanne Lafrance represented the Ministry of Colleges, Training, and Universities.

The Terrace Bay-Schreiber Action Centre will be working with many service providers including the Adult Literacy Centre, Superior North CFDC, Confederation College, Job Connect, Service Canada to assist displaced workers in finding employment or accessing training opportunities.

The event was very well attended and everybody enjoyed the cupcakes made by Nancy Avery. The Terrace

Bay-Schreiber Action Centre would like to thank the following sponsors:

Bank of Montreal  
Beno Insurance  
Coach-House Motel  
Coconut Island Hair and Spa  
Costa Food Market Ltd.  
Hollywood Filane's Sportswear  
Hummingbird Haus  
Northern Computers  
Roy Pizzeria and Subs  
Spadoni Motors Ltd.  
Wah's Restaurant

If you haven't had a chance to visit the Action Centre yet, feel free to stop by anytime.



## Upcoming Free Workshops

### Ace the Interview

with Alma Wells  
November 3, 2009  
12:00 PM-3:00 PM  
Conference Room

### Understanding Stress

with Mary Lynn Dingwell  
November 10, 2009  
1:30 PM-3:00 PM  
Council Chambers

### Resume Workshop

with Alma Wells  
November 24, 2009  
12:00 PM-3:00 PM  
Conference Room

To sign up for any of these exciting workshops drop by the Action Centre or call 825-3315 ex. 240.

## Job Search Tip of the Month

An answering machine is a valuable tool when you are looking for work. Often, employers will not continue to try to reach you, they will just move on to the next candidate on their list. It is vital that your message be kept professional. Call display is not enough. It only tells you the main number of the caller and not who at the number called. With only this information, it may be impossible to reach the correct person.



## First Aid/CPR

We are currently collecting names of those interested in getting their First Aid/CPR certification updated. Contact the Action Centre to add your name to the list.

## Peer Helpers

Don McArthur, Coordinator of the Terrace Bay-Schreiber Action Centre is pleased to announce the hiring of the following people as Peer Helpers:

Corinne Bouchie  
John Carangi  
Janis Dulpins  
Donna Halonen  
Ann Hara  
Bob Kennedy  
Helga MacKenzie  
Jeanette McBride  
Tonya Roper  
Stephanie Roy  
Sylvia Speziale  
Kimberly St. Louis

way for displaced workers to identify their skills, strengths, and experiences and provide the Action Centre with information on what services we should be providing.

While peer helpers have a major role to play within a labour adjustment program it is important to recognize the limitations of peer helpers. Peer helpers are not professional counsellors, therapists, or social workers. They are the bridge that connects affected workers to appropriate services through outreach and follow-ups.

To book a needs assessment with one of our Peer Helpers contact Heidi at (807) 825-3315 ex. 240 or drop by the Action Centre during regular business hours.

One of the most important tasks for peer helpers will be conducting Needs Assessments on all affected workers. Needs Assessments are an excellent



## Needs Assessments

Those of you who have not yet had an opportunity to have a needs assessment can contact the Action Centre and indicate your interest in setting up an appointment with a Peer Helper. This assessment assists the Action Centre in planning for services you may require and it also provides you with direction in relation to questions or ideas you may want to follow up on. Please call or visit the Action Centre to sign up.

## Employment Insurance

Employment Insurance has been a very big issue for the Centre in October. The allocation of vacation pay has caused considerable anxiety, stress and financial difficulty for many. On October 27th the Action Centre hosted an information session at the USW 665 union hall. Three Service Canada representatives went over their services and answered specific questions about EI claims. As a result of the many enquiries the issue is once again being reviewed and most Terrace Bay Pulp Inc. employees will be receiving their revised assessments over the next month.

Many thanks to Local USW 665 and USW staff rep Herb Daniher, MP Bruce Hyer's office, Sylvie Walton of Service Canada and everyone who attended for a successful session

If you are still experiencing difficulties with EI, i.e claim is running out and are short hours for a new claim, unsure how to start a new claim, etc stop by the Action Centre so we can bring in the services you need.

